

The Hammock and the Hummingbirds

My pen is my No

A book that wanted to live!

To read and to listen to, for free.

Author	Karine Baridon
Category	novel
Genre	comedy-drama
Style	self-deprecation, absurd humour, irony
Themes	resilience, creation, humour, transformation, freedom
Publisher	self-published
Publication	coming soon
ISBN	979-10-989861-0-9 (paperback)
Pages	498
Formats	paperback 15.2 × 22.9 cm · e-book · audiobook · free online reading, details on the Support page

lehamacetlescolibris.com/index-en

Back cover

— *"The Viking viewed your profile 2 days ago."*

BOOM! I'm ANGRY! This time, it's NO! BOOM AGAIN! Revelation!... I'm going to write! 47 chapters later... A special dedication:

— *"I laughed so hard, and that's worth all the gold in the world! You do know the Viking never existed?"*

Three years earlier. Over the moon at the thought of a romantic adventure with the man she calls "the Viking", Coraline is about to pay dearly for a trip she was meant to be the heroine of. From the giddy highs of Lower Valhalla to the trap in the Mountain, right up to the crash of a meteorite, the net closes in on her, before the great reset.

Back together on the TV show *"Sunday Is Showtime!"* for the launch of her novel, the author and her fictional character promise us some spicy exchanges...

The Hammock and the Hummingbirds is a firelighter of a novel: organic, recycled, for your long winter nights. It turns chaos into a creative goldmine, fears into laughter and readers into creators. Zero waste. Very eco-friendly.

Author — Karine Baridon

Don't read into my novel. Live your own.

I was an art director, then a trainer and a therapist. I wrote communication materials and courses, and I published popular-science articles on neuroscience with the publisher Raabe. Today, I've decided to give away my first novel, *The Hammock and the Hummingbirds*, and I've built a website full of free resources, to make people want to read and create. lehamacetlescolibris.com/auteure-en

© 2026 Karine Baridon — The Hammock and the Hummingbirds — all rights reserved
presse@lehamacetlescolibris.com · www.lehamacetlescolibris.com